

# BREAKFAST

SERVED ALL DAY

**CLASSIC | 59**  
Eggs, back bacon, grilled cherry tomatoes & toast  
Add chips | 30 Add bockwurst | 25

**EARLY FARMERS | 115**  
Eggs, back bacon, boerewors, grilled cherry tomatoes, mushrooms, chips & toast  
Add bockwurst | 25

**EGGS BENEDICT | 95**  
Toasted English muffin topped with creamy spinach, ham, poached eggs, rocket & Hollandaise sauce  
Replace ham add smoked Norwegian salmon | 55

**EGGS BLACKSTONE | 95**  
Two hash browns topped with back bacon, grilled cherry tomatoes, poached eggs & Hollandaise sauce

**SPANISH EGGS | 95**  
Chorizo sausage with scrambled eggs, grilled onions, peppers, tomato & romesco sauce served with toast

**LOW CARB | 90**  
Grilled halloumi, poached eggs, mushrooms, avocado & grilled tomato

**SALMON CROISSANT | 125**  
Croissant with smoked Norwegian salmon, scrambled eggs, cream cheese & chives  
Add Avocado | 20

**DELUXE BURGER | 90**  
Freshly baked sesame seed burger bun with boerewors, back bacon, hash brown, scrambled eggs, grilled tomato, grilled onions & cheese sauce  
Add chips | 30

**WAFFLE BENEDICT | 95**  
Cheese & chive waffle with back bacon, creamy spinach, rocket, poached egg & Hollandaise sauce

**MINCE PRINCE | 95**  
Flatbread folded with Bolognese mince, sweet corn, avocado, chilli, fried egg & Hollandaise sauce

**SALMON HASH | 129**  
Two hashbrowns topped with cream cheese, chives, avocado & smoked Norwegian salmon drizzled with basil pesto yogurt mayo

**LIVERS | 85**  
Grilled chicken livers with napolitana, cumin, paprika, onions & parsley served with toast and a fried egg

**BREAKFAST PIZZA | 95**  
Flatbread topped with napolitana, mozzarella, chopped bacon & bockwurst, fried egg, rocket & bbq mayo

**BACON CROISSANT | 85**  
Croissant with back bacon, scrambled eggs & Hollandaise sauce

**OMELETTE**  
With back bacon, mushrooms, cheddar & toast | 85

With creamy spinach, Danish feta, peppadews & toast | 79

With bolognese mince, chopped chilli, cheddar & toast | 89

**FRENCH TOAST | 85**  
Cinnamon & sugar French toast with mascarpone cheese, berries, banana, flaked almonds & honey  
Add bacon | 25

**BANANA RAMA | 85**  
Banana bread french toast with Nutella, walnuts, berries & mascarpone cheese

**MELROSE | 85**  
Seeded low gi toast topped with avocado, baby spinach, mushrooms, fried egg, roasted sunflower seeds, basil pesto yogurt mayo & chilli flakes

**CLEOPATRA | 85**  
Honey lemon soya hummus & tahini paste, rocket, avocado, grilled cherry tomatoes, Danish feta & a poached egg on rye toast  
Add bacon | 25

**SMASHED AVO | 65**  
Cream cheese, smashed avocado & chopped peppadews served on seeded low gi toast  
Add egg | 10 Add bacon | 25  
Add smoked Norwegian salmon | 75

**PAW PAW BOWL | 95**  
Freshly chopped paw paw & grapefruit with toasted almond flakes, honey & yogurt

**SMOOTHIE BOWL | 85**  
Granola, double thick yogurt & freshly chopped fruit

# QUESADILLAS

TORTILLA STYLE FLATBREAD TOASTED & CUT WITH YOUR CHOICE OF FILLINGS

**SRIRACHA | 105**  
With chicken, mozzarella, back bacon & spicy sriracha crema  
Add avocado | 20

**BACON AVO FETA | 99**  
With back bacon, avocado, Danish feta & mozzarella

**DANTE | 99**  
With avocado, Danish feta, pistachios, mozzarella, baby spinach & basil pesto yogurt mayo

**PULLED PORK | 109**  
With slow roasted pulled pork, jalapeno relish, mozzarella, cheddar & pineapple

# SALADS

**JENNIFER ANISTON | 105**  
Quinoa, brown rice, cucumber, red onion, mint, parsley, pistachios, snap peas, Danish feta & lemon dressing  
Add chicken | 45

**SESAME | 115**  
Sesame seed coated grilled chicken, avocado, Danish feta, tomatoes, cucumber, snap peas, apple, green pepper, mixed lettuce, honey mustard & ranch dressing

**HALLOUMI | 119**  
Fried halloumi, crispy bacon bits, avocado, mixed lettuce, rocket, grated carrot, tomatoes, walnuts & ranch dressing

**CAJUN | 109**  
Cajun spiced grilled chicken, Danish feta, peppadews, rocket, tomatoes, cucumber, sweet corn, olives, mixed lettuce & French dressing

# WRAPS

ADD CHIPS OR SALAD | 30

**CHICKEN & BACON | 95**  
Grilled chicken, back bacon, cheddar, tomatoes, gem lettuce & honey mayo

**HEALTH | 95**  
Quinoa, brown rice, sundried tomatoes, avocado, cucumber, baby spinach, rocket, olives, peppadews & Danish feta

**FOWL PLAY | 95**  
Grilled chicken, avocado, Danish feta, baby spinach, rocket & basil pesto yogurt mayo

# CIRO

Your choice of filling wrapped in fresh flatbread with a honey lemon soya hummus & tahini paste, baby spinach, cherry tomatoes, red onion, cucumber & tzatziki

**FALAFEL | 99**  
**LAMB MEAT BALLS | 110**  
**CHICKEN | 99**

# TOASTED SANDWICHES

SERVED ON CIABATTA, RYE OR SEEDED LOW GI  
ADD CHIPS OR SALAD | 30

**BACON, EGG & CHEESE | 75**  
Back bacon, fried egg & cheddar

**CHICKEN MAYO | 75**  
Tangy chicken mayonnaise & chives  
Add bacon | 25  
Add avocado | 20

**HAM, CHEESE & TOMATO | 75**  
Ham, cheddar, tomatoes & BBQ mayo

**AVOCADO & BACON | 75**  
Avocado, mozzarella, back bacon & Hollandaise sauce

# BURGERS

ADD CHIPS OR SALAD | 30

**SLIDERS | 90**  
Three mini beef burgers with BBQ cheese sauce, pepper sauce, lettuce, tomato & pickles

**CHEESE | 90**  
100% beef patty chargrilled with cheddar, lettuce, tomato, pickles, grilled onion & burger dressing

**NOTORIOUS | 110**  
100% beef patty chargrilled with smashed avocado, back bacon, spicy jalapeno mayo, cheddar, lettuce, tomato, pickles & grilled onion

**DR PEPPER | 105**  
100% beef patty chargrilled with pepper sauce, cheddar, lettuce, tomato, pickles, crispy onion & burger dressing

**SNIT | 85**  
Panko Crumbed chicken breast, cheddar cheese, sriracha crema, lettuce & tomato

**VEGGIE | 95**  
100% plant-based patty chargrilled with avocado, lettuce, tomato, pickles, grilled onion & burger dressing

# EASY EATING

**CHICKEN STRIPS | 85**  
Panko crumbed chicken strips served with cheese sauce  
Add chips or salad | 30

**CORN DOGS | 85**  
Battered & fried Bockwurst sausages on sticks served with sweet mustard dipping sauce  
Add chips or salad | 30

**NACHOS | 105**  
Gluten free spicy tomato tortilla chips topped with cheddar, sweet mustard, mozzarella, salsa & jalapeños served with quacamole & sour cream  
Add mince | 45  
Add pulled pork | 45

**QUICHE | 85**  
Served with salad  
Spinach & Danish feta OR  
Bacon & Cheddar

**LAMB PIE | 95**  
Mild lamb curry with potatoes & carrots baked in a puff pastry served with salad

**GRILLED CHICKEN | 119**  
Grilled chicken breast with coarse salt, oregano & lemon served with avocado, basil pesto yogurt mayo & salad

**HARISSA CHICKEN | 129**  
Grilled chicken breast with a Harissa red pepper sauce topped with roasted almonds served with mash

**HAKE | 110**  
Deep fried Hake fillet in our crispy batter served with tartar sauce & chips

**FALAFEL BOWL | 115**  
Deep-fried chickpea & sesame seed balls served in a Harissa napolitana sauce with a honey lemon soya hummus & tahini paste, tzatziki, brown rice & quinoa  
Replace falafel add lamb meat balls | 30

**RUMP | 165**  
250g Beef rump flame grilled served with crispy onion & chips  
Add pepper sauce | 30

**PORK BELLY | 165**  
Slow roasted honey mustard pork belly topped with an apple & pineapple salsa served with mash

**T-BONE | 199**  
500g T-bone flame grilled served with chips

**PESTO PENNE | 115**  
Penne tossed in a creamy basil pesto sauce with chicken & peppadews

**BOLOGNESE BAKE | 105**  
Mince bolognese, cheese sauce, mozzarella & penne

**ROMESCO PASTA | 115**  
Harissa red pepper sauce with chicken, olives, parsley, cream & penne

**NOODLES | 85**  
Fried egg noodles with teriyaki sauce, sesame seeds, cashew nuts, roasted peppers, sweet corn, Danish feta, baby spinach & grilled onions  
Add Chicken | 45

# WAFFLES

BELGIAN WAFFLE SERVED WITH MAPLE SYRUP | 45

Bar One Sauce	20	Grilled Banana & Strawberries	20
Nutella	20	Vanilla Ice Cream	20
Oreos	20	Whipped Cream	15

\*\*ANY VARIATIONS TO MENU ITEMS WILL BE CHARGED ACCORDINGLY & MAY RESULT IN TIME DELAYS\*\*

# DRINKS

## HOT DRINKS



ADD ALMOND MILK | 10  
ADD OAT MILK | 10

Cappuccino	32
Double Shot Flat White	35
Latte	35
Caramel Latte	42
Hazelnut Latte	42
Vanilla Latte	42
Americano	28
Cortado	30
Double Espresso	26
Chocolate Mocha	45
White Chocolate Mocha	45
Rooibos Cappuccino	38
Chai Latte	42
Rooibos Latte	42
Matcha & Mint Latte	55
Hot Chocolate	38
White Hot Chocolate	38

## ICED DRINKS

Iced Chai Latte	42
Iced Latte	35
Iced White Chocolate & Vanilla Mocha	45
Iced Matcha & Mint	55

## ICED TEAS



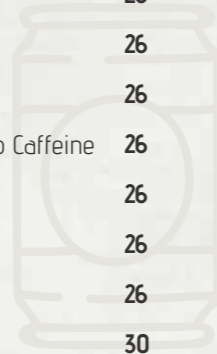
Litchi & Lime (sugar free)	35
Berry Baobab	35
Kiwi Cucumber & Mint	35
Lemon Iced Tea	30
Peach Iced Tea	30

## MILKSHAKES

Oreo	46
Bar One	46
Turkish Delight	46
Salted Caramel	46
Coffee	46

## SOFT DRINKS

Coke	26
Coke Light	26
Coke No Sugar	26
Coke No Sugar No Caffeine	26
Sprite Zero	26
Cream Soda	26
Fanta Orange	26
Appletizer	30
Grapetizer	30



## FRESHLY PRESSED

ADD GINGER SHOT | 10



### GREEN | 42

Apple, spinach, lettuce, celery & cucumber

### AMBER | 42

Orange, pineapple & carrot

### REFRESH | 42

Apple, cucumber, celery, pineapple, mint & lemon

### FLU SHOT | 25

Ginger, Lemon & honey

## SMOOTHIES

### BERRY | 65

Strawberries, raspberries, blackberries, banana, yogurt & honey

### PEANUT BUTTER BOMB | 65

Peanut butter, banana, yogurt & honey

### TROPICAL TANG | 55

Peach, pineapple & mango

### FROZEN CAPPUCCINO | 55

### FROZEN MOCHA | 59

## KOMBUCHA

100% NATURAL, LOW IN SUGAR, SPARKLING BEVERAGE

Blueberry & Pomegranate	39
Ginger & Lemon	39
Peach & Granadilla	39

## SPECIALITY DRINKS

### ROCK SHANDY | 49

Club soda, lemonade & bitters

### STEELWORKS | 55

Kola tonic, passion fruit, ginger ale, lemonade, club soda & bitters

# CONTACT US

## 23 ON HAZELWOOD



079 846 4592 / 012 346 3249



hello@23onhazelwood.co.za

## 23 ON RUBENSTEIN



012 993 0240



hello@23onrubenstein.co.za



@23onhazelwood | @23onrubenstein



@23onhazelwood | @23onrubenstein



23onhazelwood.co.za



W  
M  
E  
N  
D